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N.V.K.S.D. COLLEGE OF EDUCATION (AUTONOMOUS)

(Affiliated to Tamil Nadu Teachers Education University
Re-accredited by NAAC with 'A' Grade)

Attur P.O., Kanyakumari District - 629 177. Phone : 04651-282130



Srishty '17



OUR VISION

- Gnanā (Knowledge) ● Dharma (Righteousness) ● Sneha (Love)

OUR MISSION

- Develop a teacher education institution capable of maintaining global standards.
- Develop a group of new generation teachers with right attitudes, ideals and values and are competent to provide education within the frame work of Indian culture.
- Develop a new cadre of teaching professionals who can recreate the vision of Indian education and can contribute to social order based on equity and ahimsa.
- Inculcate in the would-be teachers values of humanism, spiritualism and cultural pluralism through their teaching and social behaviour.
- Develop a new educational culture capable of producing a new generation of indian citizens who believe in and practise the great ideals which Indians have upheld over the ages.
- Develop the students with technological and interpersonal skills.
- Promote a strong cadre of educational researchers who can produce new knowledge in education which will answer the needs of the global society.





Adv.S.KRISHNA K
Secretar

Adv.S.Krishna Kumar
Secretary



CHAI
OFFICE
S.D. JUDGE
H4
SECRETARY

Dr.B.C.Sobha
Principal

NALLOOR VETTUVENNI KANDAN SASTHA DEVASWOM



Mr.C.Parameswaran Nair
President



Mr.M. Purushothaman Nair
Secretary



Mrs. E.V. Suprabha Devi
Treasurer



Mr. K.P. Kannan
Executive Committee Member

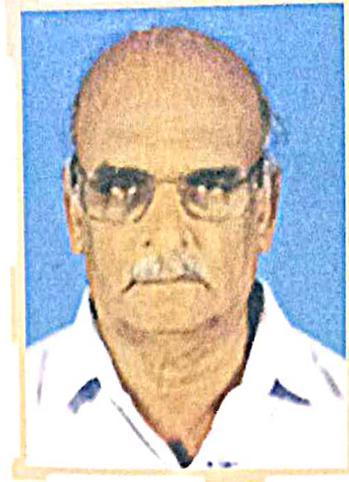


Mrs. D. Savithri Amma
Executive Committee Member

MANAGING COMMITTEE MEMBERS OF
N.V.K.S. EDUCATION SOCIETY



Adv. S. Reghu Kumar
President



Mr. P. Sreedharan Nair
Vice - President



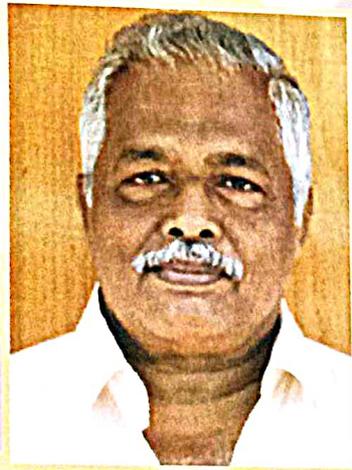
Adv. S. Krishna Kumar
Secretary



Mr. K.P. Kannan
Joint - Secretary



Mr. M. Purushothaman Nair
Treasurer



Mr. K. Gopinathan Nair
Executive Committee Member



Mr. C. Parameswaran Nair
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Mr. N. Lokeshan Nair
Member



Adv. V.N. Biju
Member



Mrs. K.B. Sukesini Amma
Member



Mrs. D. Savithri Amma
Member



Mr. P. Sarathchandran Nair
Member



Mr. N. Siddarthan Nair
Member

From the Principal's desk

The education sector in spite of its myriad challenges produces professional competence and dedicated talent to show tangible benefits in terms of taking education to the mass and ultimately making the country's human resources more productive. The need for education is becoming increasingly segmented with a growing emphasis on quality, value and student satisfaction. The whole enterprise of education is extricable if linked with the values. Devoid of the potential to nurture values, education loses its heart and soul.

Dear NVKSD ians, as you embark on yet another exciting moment in your life as a teacher, you should have new vision that can steer you to newer levels. One challenge of living is to avoid regrets. But many people, many times regret that they did not take a chance when they had to. If you can fine-tune your thoughts and plan bigger roles, rest assured- you will see bigger opportunities in life. Your role has changed now, from a student to a teacher. Change is inevitable. Bernard Shaw rightly pointed out "Progress is impossible without change, and those who cannot change their minds cannot change anything." You should be the change agents for a better world. The world is watching you, with hope and anticipation. There is much that is expected of you. Put your heart and soul to show the world the power within you. You need to focus on your abilities to go further, beyond your limited zones. All success, our life gifts us, is the result of our willingness to dare; to think beyond; to persevere – no matter what.

We are blessed to be a member of a large organization. Setting the task of moulding the young generation of teaching community, the college has left no stone unturned. Our institution has been striving hard to unravel the real potentialities of students through various curricular and co-curricular programmes throughout the academic year. The year 2016-2017 has been a time of more blessings from our guiding force through Management, Staff, Students, Alumni and other well-wishers of our college.

In fact the magazine *Shristy* reflects the mind-set, outlook and thinking pattern of the students. Salute to our visionary management for the healthy and harmonious ambience. Congratulations to the members of the magazine committee who took pain in organizing and assimilating the creative work of the students.

I wish all the best to the outgoing batch for achieving greater success.

Dr. B.C. SOBHA
PRINCIPAL

Editorial..

The Editorial board is Privileged to present the annual magazine Srishty'17 for the academic year 2016-2017 which serves as a platform to highlight the literacy and artistic talents of our students. The development of the creative genius of our youth should be of prime importance in our education system. Therefore it is the responsibility of teachers to see that this ability is manifested to the maximum of the individual's potential. Provision of opportunities for creative expression inspire, stimulate and sharpen the creative mind. This edition of our college magazine reveals the budding talents of our student teachers. It also unfolds the most unforgettable and precious moments of the college.

I would like to place on record my gratitude and heartfelt thanks to all those who have contributed to make this effort a

success. First of all I place my deep sense of gratitude to the secretary of our institution, Adv.S. Krishnakumar for his support and encouragement in this endeavour. My heartfelt thanks to all the members of the Managing Committee for their co-operation.

I am profoundly grateful to our principal Dr. B.C. Sobha for her support and persistent guidance. My heartfelt thanks are also due to the Staff Editor, Dr.S.PraveenKumar and student editors for their efforts in bringing out this magazine.

I express my sincere gratitude to all the teaching and non-teaching staff for their co-operation and encouragement. I express my sincere thanks to Stalin Digital Press for the efforts taken to release the magazine in time. Above all I owe my gratitude to Lord Dharmasastha for his infinite grace. I hope you enjoy reading the write-ups of our young writers.

-Editor.

Editorial Board

Patron	: Adv. S. Krishna Kumar
Academic Advisor	: Dr. R. Mukundan
Managing Editor	: Dr. B.C. Sobha
Chief Editor	: Dr. V. S. Mini Kumari
Staff Editor	: Dr. S. Praveen Kumar
Student Editors	: Jenisha .C Remya Raj .A Sai Geetha .A.G

N.V.K.S.D.COLLEGE OF EDUCATION, ATTOOR
ANNUAL REPORT 2016-2017

Good Morning to all.....

Esteemed chief guest of this august occasion **Dr B. Sukumar**, Regional Director, Indira Gandhi National Open University (IGNOU), Thiruvananthapuram, Adv. S. Reghu Kumar, President, N.V.K.S. Educational Society, Adv.S. Krishnakumar, Secretary, N.V.K.S. Educational Society, Dr. R. Mukundan, Academic advisor, Respected Members of the management committee, Principals and Vice-Principals of N.V.K.S. Higher Secondary School and N.V.K.S. Vidhyalaya, parents, alumni members, teaching and non-teaching staff, research scholars, prospective teacher educators and my dear student teachers, I welcome you all to the 54th college day celebrations. Your presence gives us immense joy and happiness!

Before embarking upon the performance of the institution during the academic year under review, I may like to refresh your memories to the remarkable academic journey of ours... With the vision of Gnana, Dharma and Sneha, the institution strives to become a centre of excellence in the field of teacher education. From its humble beginning in the year 1963, the college has grown towards excellence in the field of education by achieving many laurels, including the attainment of autonomous status. Indeed, the

development of the college greatly lies on the role played by our visionary management. It is their foresight, support, dedication, enthusiasm, commitment and inspiration that have led the institution to become an acclaimed centre of learning.

As I share the yearly updates of our activities, I take the modesty to say that we did our best to do as we have planned and I am proud of my beloved staff and students who strive hard to achieve beyond expectations. Praying for the blessings of our presiding deity Nalloor Vettuveni Kandan Sastha, I present the annual report for the academic year 2016-2017. To avoid lengthy presentation, the report will be a nutshell of all the activities and achievements of the current year. It had been a very exciting and rewarding year throughout with many accomplishments and the college excelled in all phases including academics, cultural and sports.

The academic session 2016-17 commenced on 1st August 2017. The inauguration of B.Ed. (I Year) course was formally conducted on 24th August 2016. Currently there are 89 students B.Ed.(II year), 83 B.Ed.(I year), 16 in M.Ed. (II year) course, 5 in M.Ed. (I year) and 4 students for M.Phil. course. We have 3 full-time scholars and 4 part-time scholars for Ph.D Degree Programme.

VISIT OF NCTE'S Inspection Team Members

I take this opportunity to thank Dr. Mukther Ahamed Makki from Calcutta and Dr. Hiremath from Bangalore, the members of the inspection team for their visit from NCTE, Bangalore.

ACADEMIC HIGHLIGHTS

Excellence in academic is the hall-mark of a good institution and the results of our students in the university examination have made us proud.

For the examinations held in May 2016 by Tamil Nadu Teacher Education University, Chennai, the students proved their academic excellence. In the B.Ed Examination, we have secured cent percentage pass. In M.Ed., out of the 16, 15 passed out successfully and we are waiting for the announcement of the examination results of M.Phil, Degree programme.

With immense pleasure, I would like to announce the students who scored first position in the B.Ed. (I year) and M.Ed. (I Year) Examinations conducted by Tamilnadu Teachers Education, Chennai for the year 2015-16.

THE TOPPERS

Sini.M.L (B.Ed.)
Sreedevi.M (M.Ed.)

The endowment prizes shall be awarded after the announcement of final results of the university examinations to be conducted by Tamilnadu Teachers Education University in May 2017.

STUDENTS' ASSOCIATION

The college witnessed election for the students' council on 26 November 2016. The following students were elected as office bearers.

<u>Designation</u>	<u>Name</u>
Chairman	R.Karthick(M.Ed.)
Vice Chairperson	A.B .Shilpa (B.Ed.)
Secretary	A.Achutha Raj kumar (B.Ed.)
Arts Club Secretary	T.T.Siva Prakash(B.Ed.)
Magazine Editor (Tamil)	Jenisha .C (B.Ed.)
Magazine Editor (English)	Remya Raj .A (B.Ed.)
Magazine Editor (Malayalam)	A.G.Sai Geetha(B.Ed.)
Sports Secretary (Men)	G.Kaliyaperumal(B.Ed.)
Sports Secretary (Women)	Soorya A.M. (B.Ed.)

REPRESENTATIVES (B.Ed. II Year)

Physical Science	-	Soorya .J.J.
Biological Science	-	Ancy F.R.
Mathematics	-	S.Johnsy
History	-	S.Rubini
English	-	A.B.Shilpa

REPRESENTATIVES (B.Ed. I Year)

Physical Science	-	A.S.Saranya
Biological Science	-	K.M.Mahalekshmi

Mathematics- A.V.Anandhu
History - P.Kavithra
English - M.Nidarshana

REPRESENTATIVE

(M.Ed. II Year) - M. Sreedevi

REPRESENTATIVE

(M.Ed. I Year) - Rajani.T.M.

P.T.A. MEETING

A General Body meeting of the P.T.A. for the academic year 2015-2016 was held on 24th August 2016. The Executive Committee members were unanimously selected on that day. They are actively involved in contributing the necessary inputs towards the welfare of this institution.

INDUCTION PROGRAMME

Induction Programme was conducted from 26th to 29th August 2016 to orient the students towards teaching, to make them familiarize with the course content, and also to help them adjust with the new situations as the new entrants.

BRIDGE COURSE

Bridge course was conducted for B.Ed. students from 30th August 2017 to 6th September 2017. Eminent Alumni members and our faculty members were the resource persons. Activities for enhancing communicative competence and interpersonal skills were included in the session.

MICRO TEACHING

Micro teaching was organised for B.Ed. students from 7th to 20th September 2017. The orientation was given by Dr. R. Mukundan, Former Principal, and Academic Advisor of our institution. Different sessions on different teaching skills were handled by our faculty members and the demonstration of the skills were also done. The sessions made the students acquainted with various teaching skills involved in the teaching-learning process. Video recording of the classes was also done to help the students to evaluate their classes for their improvement.

INTENSIVE TEACHING PRACTICE

The Intensive Teaching Practice of B.Ed II year students for 16 weeks was organised from 7th September to 8th January, 2017. The students were allotted to 29 schools in Kanyakumari District. They were thoroughly supervised both by the college faculty and the mentors of the schools concerned.

TET/NET/SLET COACHING PROGRAMME

On 25th February 2017 an orientation to NET / SLET examinations was held. Dr. Shekar, Associate Professor (Retd.), Department of Mathematics, Shivanthi Adithyanar College of Arts and Science was the resource persons.

Another TET Coaching Programme was organised on 18th March 2017. Sherlin. S. Principal, Mar Chrysostoms College of Education, Kirathoor was the resource person.

GRADUATION DAY

The 53rd Graduation Day was held on 28th January 2017. Dr V.Raghu, Former Dean of Research and Controller of Examinations, Rajiv Gandhi National Institute of Youth Development, conferred degrees to the students. It was a moment of pride for students as well as the parents who look on the occasion with a sense of achievement.

STUDENT ENRICHMENT PROGRAMME

A UGC Sponsored National Seminar on "Inclusive Education for Transgender: Issues and Challenges" was organised on 16th and 17th December, 2016 in collaboration with SEEDS, Kulasekharam. Eminent transgender activists Ms.Kalki Subramanyam, Ms.Sheetal Shyam, Ms.Priya Babu were some of the resource persons.

Workshops on Craft was organized for our B.Ed. students on 16th and 17th December, 2016 and 4th February 2017. Ms. Parvathi Menon, Assistant Professor (Retd.), Sree Ayyappa College, Chungankadai and Ms. Thankam, Former Instructor, Sreedevi kumari College, Kuzhithurai and were the resource persons.

Workshops on Art and Drama Education were conducted on 1st and 2nd December 2016 and 18th and 19th January 2017. Dr Xavier Das, Professor (Retd.), St.Jude's College of Arts and Science, Thoothoor was the resource person.

On 9th March 2017 a workshop on SPSS Package" was also organised.

EXHIBITION

Our students had an opportunity to exhibit the models crafted by them which showcased their academic talents in an exhibition on models conducted on 3rd March 2017. Various outstanding exhibits which supplemented the classroom instruction were on display.

CELEBRATIONS

Onam was celebrated with a glimpse of nostalgic tradition on 3rd September 2016. The students celebrated and enjoyed the day with pookalam competition, Thiruvathirakali, Uriyadi and Tug of war.

Universal Brotherhood Day was observed on 9th September 2016. Members from Vivekanda Kendra delivered a talk about the significance of the day. Various cultural competitions were conducted for the school and college students on that day.

With due respect and reverence, Teachers Day was celebrated.

Christmas day celebration was held on 23rd December 2016 with gusto and gaiety. The day was celebrated with all its religious fervour and the merry occasion was manifested with the sharing of gifts, conveying of Christmas messages and various other cultural programmes.

Pongal was celebrated with all its festivity on 13th January 2017 with competitions and spirited activities in connection with it.

National Science Day was celebrated on 28th February 2017.

OBSERVATION OF NATIONAL DAYS

On 15th August 2016, 70th Independence Day was celebrated by hoisting the flag.

Republic Day was celebrated on 26th January.

CAREER AND COUNSELLING CELL

Career and Counselling Cell is actively functioning in our college. The cell gives notifications on various job placements. On 17th and 18th October 2017 a career guidance programme was organised for the benefit to the B.Ed. and M.Ed. students by Mr. John Muthuraj, James Academy, Thirunelveli District.

Career and Counselling Cell also directed the interested students to sent their resume and attend campus interviews to recruit teachers in various schools.

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WOMEN'S CELL

Women's cell is constituted for addressing the issues of women students. A task Force is actively functioning in our institution to redress the issues of the lady students. On 8th March 2017, various competitions for women students were conducted as part of International Women's Day Celebrations.

LIBRARY

We express gratitude to our management for contributing enormous amount to the library for the purchase of books. Our library is richly equipped and technologically uplifted with a collection of 16190 books, 58 Indian and International Journals and magazines, nine multilingual news dailies and Inflight N-list e-journals.

IGNOU

Our college is one of the approved study centres of Indira Ghandhi National Open University. Certificate course in Guidance and Counselling are the add-on course for our B.Ed and M.Ed students. Our centre offers IGNOU courses in M.A (Education), Post Graduate Diploma in Pre-Primary Education (PGDPPED) and Certificate Programme in value Education (CPV).

I take this opportunity to express our gratitude to our chief guest for the valuable support he rendered to our institution.

INTERNAL QUALITY

ASSURANCE CELL (IQAC)

IQAC was instituted as a measure to monitor quality sustenance and quality enhancement. It is actively functioning in the institution. IQAC Newsletter which envisages all our curricular and co-curricular activities during the academic year 2016-2017 is to be released soon.

PRE-PH.D. VIVA AND RESEARCH

COLLOQUIUM

A pre-Ph.D. viva for Ph.D. scholars was conducted on July 2016 under the supervision of Dr B. William Dharma Raja, Head, Department of Education, Manonmaniam Sundaranar University. Ms.V.Pravitha and Ms.Y.Sophia, Our Ph.D.Scholars submitted their Ph.D thesis in January 2017.

A Doctoral Committee for Ph.D. scholars was held on 9th March 2017 headed by Rev. Dr Jesu Doss, Associate Professor in Education, St. Xavier's College of Education, Palayamkottai.

EDUCATIONAL TOUR

An educational tour was arranged for the students on 23rd and 24th March 2017. The students, along with the staff members visited various places of educational significance in Ernakulum District, Kerala.

EXTENSION / OUT REACH

ACTIVITIES

Extension activities help the students to recognise others feelings and "how and when" to assist others.

A clean drive was organized in the college premises on 8th September.

2016 under the initiative of Attoor Panchayat. Our student teachers enthusiastically participated in the "clean drive" by putting all their efforts in making the place and its surrounding areas clean.

Our college was the venue for the competitions conducted by Vivekananda Kendra in association with Universal Brotherhood Day on 9th September 2016.

An educational film 'Mudalvar Gandhi' was telecasted on 28th September 2016 to spread and inculcate the values of national integration.

A Legal Awareness Programme was arranged on 21st November 2016.

To bring out the importance of voting, a Voter awareness programme was organised on 25th January 2017 under the initiative of Local Administration Department (Attoor Panchayat)Tamilnadu.

A Dengue Fever awareness programme was conducted on 20th February 2017. It was jointly organised by our institution with Local Administration Department (Attoor Panchayat), Government of Tamilnadu. A Dengue Fever Awareness was created in the locale of adopted village of Aruvikkarai through pamphlet distributions on 11th March 2017 as the area was reported to have cases of Dengue Fever. Students visited the homes of the villagers and created awareness among the people regarding dengue fever. On the same day

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'Sensitisation of Villagers on Water Conservation and Prevention of Drought' was also carried out to create awareness on these grave issues.

An awareness programme on Disaster Management was conducted on 1st April 2017 in collaboration with Indian Red Cross Society. Dr V.Veukumar, Associate Professor, S.T.Hindu College and District organiser, YRC (Youth Red Ribbon Club), Kanyakumari and Mr.Blithe Sudar, District Trainer and First Aid Lecturer, IRC, Chennai were the resource persons.

A visit to Vatstalam-a special school for mentally challenged children was organised on 21st March 2017. This was to encourage the spirit of compassion in students.

Under the initiative of our college Pan cards were made available to the students

STUDENT ACHIEVEMENTS

Our students took part in various competitions conducted by other colleges and won laurels for several events.

Pavithra.V.V. (B.Ed.II - English) and Athira.P.S. (B.Ed. II-Physical Science) won the second prize in English Elocution Competition and third prize in the solo song competition in the Trinity Cultural fest -2017 held at Holy Trinity College of Education, Melpalai.

R.D.Juliat Anusha (B.Ed.II - Physical Science) and P.Brilla (B.Ed. - Mathematics) won third prizes in the Inter-collegiate quiz competition held at Grace College of Education on 8th March 2017.

The students participated in the various competitions conducted by Vivekanda Kendra, Kanyakumari in connection with International Brotherhood day celebration and secured the following positions.

M.Nidharshana (B.Ed. I Year -English) won the first prize in the English elocution competition,

Anjana.S. (B.Ed. I Year - English) won first prize, in the Malayalam elocution competition

Aishwarya.M.N. (B.Ed. I Year - English) second prize in the Malayalam elocution competition and

Vidhya Reshmi .V (B.Ed. I Year -Mathematics) secured third prize in the Malayalam elocution competition

Monisha.J.S. (B.Ed.I Year Physical Science) won the consolation prize in the pencil drawing competition Press Club of Kanyakumari organised various competitions for college students on 21st September 2016. Our students participated and won the prizes.

Anusha Vimal (Bed I year Physical Science -)won first prize in the poetry writing competition and consolation prize in short story writing competition.

R.Murugan((B.Ed. I Year Physical Science) won third prize in poetry writing competition and consolation prize in Essay writing competition, Saranya .P.S ((B.Ed. I Year Mathematics) won first prize in the Essay writing competition and consolation prize in Poetry writing competition.

Derfi Dani.D ((B.Ed. I Year Mathematics won third prizes in the essay writing competition and short story writing competition, T.J.Anish (B.Ed. I Year English) won consolation prize in essay writing competition R.S.Anusha (B.Ed.II Year Physical Science) first prize in short story writing completion.

J.C.Abisha (B.Ed. I Year Mathematics) got consolation prize for short story writing Competition.

Ancy gratel ((B.Ed. I Year Mathematics) got consolation prize in short story writing competition.

J.S.Monisha, (B.Ed. I Year Physical Science) won third prize in drawing competition.

Rejilin Blessey.R.J. (B.Ed. I Year Mathematics) got consolation prizes in pencil drawing and essay writing competition.

R.P.A College of Education conducted Drama competition. The individual category winners are

Pavithra .V.V. (B.Ed.II - English) -Best Actor

Reshma A.B (B.Ed.II -English)- Best Actress.

Pavithra.V.V and team won third prize in the Drama competition.

Our M.Ed., students M.Phil. and Ph.D. scholars have participated and presented papers in various seminars and workshops at St.Thomas College, Thiruvananthapuram, Holy Trinity College, Melpalai.

ALUMNI ASSOCIATION

The Alumni Association 'Nostalgia' made noteworthy contribution in organising the bridge course and, also contributing to the infrastructural augmentation of our institution. Some of the members served as panel members of interview board of school teachers and served as resource persons in various seminars. Alumni Executive Committee Meetings are frequently held to monitor the progress.

During this academic year, two Alumni Meets were conducted on 28th October 2016 and 28th January 2017. The students of 1987-88 and 2014-15 batches met once again with their batch mates.

Those were really moments of 'reflect back'; our present students also interacted with their Alumni where they vividly remembers their rich experiences in the form of sharing of reminiscent times in their alma mater.

Thanks to our dear Alumni!

ARTS DAY

Arts Day was conducted with all its vigour and vitality on 6th April 2017. The students from four different houses competed in a variety of competitions which showcased their creative talents.

PHYSICAL EDUCATION

Every evening, the B.Ed. students are given training in the sports, games and yoga for an hour.

The college sports day was conducted on 7th April 2017. Various athletic events were held and prizes were distributed to the winners by our management member and teaching faculty. Housewise competitions were also conducted (Lion and Tiger house for men; Lotus, Lilly, Rose for women). D.Sahaya Ebin (Lion House) and Sandhya.S.S (Rose House) and Parvathi A. (Lotus House) emerged as individual Champions of men and women respectively. Lion House and Rose House won the overall championship for men and women respectively.

AWARDS INSTITUTED

Apart from the Endowment Awards, the college management has instituted the following awards for the toppers of B.Ed., M.Ed., and M.Phil.

- Cash award of Rs.2000/- and Memento for the college toppers in B.Ed., M.Ed. and M.Phil courses.
- Cash award of Rs.1000/- and Memento for the B.Ed and M.Ed students who secured second position in the college.
- Cash award of Rs.500/- and Memento for the B.Ed. and M.Ed. students who secured third position in the college.
- Cash award of Rs.500/- for the Toppers in each optional subject.
- Cash award of Rs.2000/- for those students who secured university rank up to 5 and 1000/- for other University Rank holders.

STAFF PROFILE

We are extremely proud to inform that Dr K. Gireesh Kumar, Assistant Professor in History has accomplished the task of attaining his Doctorate degree in Education successfully. Congratulations on your achievement. Wish you a successful and bright life ahead.

The professional accomplishments of my staff are briefly cited below.

Ms. Bindu Gouri. V.P., Assistant Professor in Education

Presented a paper on Disaster Management Awareness among Higher Secondary students in the International seminar on Education at crossroads: Social Equations on 2nd to 4th February held at St. Thomas College of Education, Thiruvananthapuram.

Dr. R. P. Deepa, Assistant Professor in Education

Served as a resource person in the National Seminar held at Government College of Teacher Education, Thiruvananthapuram.

Mr. V.S.Pavithra kumar, Assistant Professor in Physical Science

Presented a paper on "Critical Analysis of Curriculum of Tamilnadu Teachers' Education University "in International Conference on" Curriculum in the Perspective of Education for Sustainable Development "organised by AIAER and Sohanlal Dav College of Education, Ambala, Haryana on 25th November 2016.

Participated in the Orientation Course for B.Ed. Regulation and Syllabus of Tamilnadu Teachers' Education University held at St.Xavier's College of Education, Palayamkotai on 28th and 30th September 2016.

Ms. S. Devika, Assistant Professor in Education

Presented a paper in the International seminar on Education at crossroads: Social Equations on 2nd to 4th February 2017 held at St.Thomas College of Education, Thiruvananthapuram.

Mr. P.S. Prasad, Assistant Professor in Education

Presented a paper on "Critical Analysis of Curriculum of Tamilnadu Teachers" Education University in

International Conference on "Curriculum in the Perspective of Education for Sustainable Development" organised by AIAER and Sohanlal Dav College of Education, Ambala, Haryana on 25th November 2016.

Participated in the Orientation Course for B.Ed.Regulation and Syllabus of Tamilnadu Teachers' Education University held at St.Xavier's College of Education, Palayamkotai on 28th and 30th September 2016.

Dr. S. Praveen Kumar, Assistant Professor in Mathematics

Served as a resource person in the Orientation Programme on Educational Research held at Manonmaniam Sundaranar University, Tirunelveli during July 2016.

Co-authored an article entitled "School Environment and Student Achievement in Chemistry at Higher Secondary Level" in LPC Bulletin on Research in July 2016.

Participated in a Workshop on Lesson Plan Writing and Achievement Test Construction organised by Tamil Nadu Teachers University, Tirunelveli on 11th and 12th January 2017.

Presented a paper entitled "Mitigation of Gender Bias Via Conducive School Environment" in the National Seminar on Gender Disparities: Issues and Concerns organised by Bethlehem College of Education, Karungal on 17th March 2017.

Participated in the Awareness Programme on Autism jointly organised by Department of Education, M.S. University, Tirunelveli and Diya Trust of India, Tirunelveli on 25th March 2017.

Concluding Moments.....

I am thankful to my versatile and committed academic team for their contributions to enhance the standards of this college and their strife towards autonomy. Also I want to express my sincere thanks to The President, The Secretary and other members of the management for their keen interest, support, encouragement and co-operation they are generously extending for the total upcoming and smooth running of this institution.

I would like to convey my whole hearted appreciation to the parents, our Alumni for their contribution to their Alma matter, teaching staff, non-teaching staff, B.Ed., M.Ed., M.Phil. Students and Ph.D. scholars and also wish them a very great success in all their endeavours. I am sure that our collective efforts shall take our college to greater heights.

For all achievements and credits, our pranams to the guiding force Nalloor Vettunni Kandan Sastha for His Blessings and infinite grace He has showered upon this institution. Let me conclude this report by entrusting our college into his divine hands....

Once again I thank you all.

MAGAZINE COMMITTEE



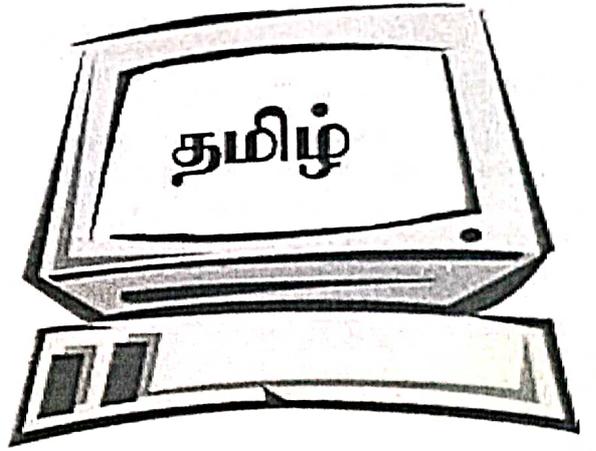
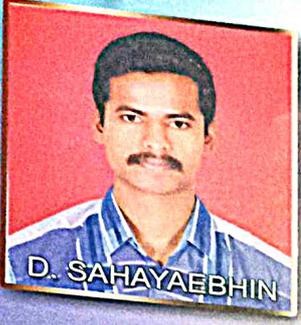
SPORTS COMMITTEE



STUDENTS COUNCIL



COLLEGE CHAMPIONS



Srishty 2017

கவிதை

அம்மா

நான் பார்த்த ஹல் முகம்!
நான் லேசிய ஹல்வார்த்தை!
நான் மறக்கலை முடியாத ஹல்!
ஓவியம் என் அம்மா.....!!!!



N.K.Dhivya
1st Year M.Ed.

அம்மா

வார்த்தைகளை இல்லை
வடிவம்
அளவுகால் இல்லை
அன்பு
சுய நலம் இல்லை
இதயம்
வெறுப்பை காட்டாத
முகம் அம்மா
P.V.Shani
1st Year M.Ed.

அம்மா

அம்மாவுக்கு என்று
தனியாக
கவிதை வேண்டாம்.....
அன்பாக பழகிப் பார்
அம்மாவே
கவிதை தான்

J.B. Reshmi
1st Year M.Ed.

கவிதை

வெற்றி

வெற்றி என்பது,
வியர்வைத் துளிகளின் முத்துக்கள்
தாயும் பாடகி
ஒவ்வொரு தாயும் தன் குழந்தையை,
தாலாட்டுவதில் பாடகி தான்
மாணவர்கள்

கல்லூரி என்ற,
அழகான தோட்டத்தில்
ஆசிரியர் என்ற,
சிறப்பான செடிகளும்
அதில் பூக்கும் மொட்டுகளாக,
திகழ்வது தான் 'மாணவர்கள்'

R.S.Aswathi Krishna
1st Year B.Ed.(Mathematics)

கவிதை

ஒற்றை மலராய் கல்லூரிக்குள் நுழைந்தேன்
நண்பர்கள் சூழ நந்தவனம் ஆனோம்
எதற்கும் தீர்வாய் சிரிப்பைக் கொண்டோம்
கணித வகுப்பில் இருந்தாலும்—
நாங்கள் கணித்தது கணிதமா??
என் தோழிக்கு தெரியும்—
கணிதம் எங்களை குழப்பியதா?? இல்லை
கணிதத்தை குழப்பியது நாங்களா?? என்று—
அனைத்து விதிகளும் பழகின
காணும் அனைத்தும் கணிதமாய் தெரிந்தன.
காதலில் தோற்றால், கண்ணீர் துடைத்தோம்!
தேர்வில் தோற்றால், அரவணைத்தோம்!
எங்கள் சிரிப்பால் வகுப்பை சிறை பிடித்தோம்!
ஒற்றை பறவையாய் வந்தாலும்.....
வேடந்தாங்கல் பறவையாய் பிரிகிறோம்!
நிலவுக்காக காத்திருக்கும் இரவாய்.....
உலகம் எங்களுக்காக காத்திருக்கிறது.....
புரிந்து ஏற்கிறோம் பிரிவை!!!

D.Derfi Dani
1st Year B.Ed (Mathematics)

கவிதை

எங்கள் N.V.K.S.D.கல்வியியல் கல்லூரி

அன்பின் உறைவிடம்
ஆற்றோர்களின் பிறப்பிடம்
இனிமையின் இருப்பிடம்
ஈன்றாய் பெருமை கொள்ளுமிடம்
உவகையுறச் செய்யுமிடம்
ஊக்கமளித்திடுமிடம்
என்றும் வாழுமிடம்
ஏணி போல் ஏற்றிவிடுமிடம்
ஜம்புலன்களைக் களிப்பாக்குமிடம்
ஒற்றுமையைக் கற்றுத் தருமிடம்
ஓசையின்றி வளருமிடம்
ஓளவியம் அகற்றுமிடம்

R.D. Judith Monisha
11nd Year B.Ed.(Physical Science)

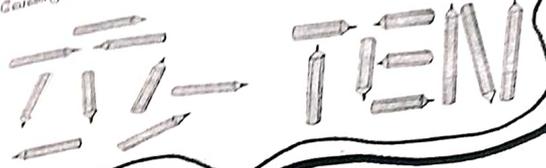


நான் விறந்ததும் வருந்துகிறது
- என் குடும்பம்
நான் வளர்ந்ததும் வருந்துகிறது
- என் தாய்
நான் திருமணமானதும் வருந்துகிறது
- என் தந்தை
நான் குழந்தை பெற்றதும் வருந்துகிறது
- என் கணவர்
இத்தனை வருத்தங்களுக்கும் காரணம்
நானும் பெண், என் குழந்தையும் பெண்

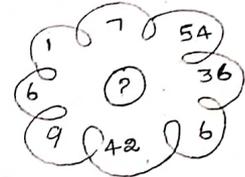
S. Sweetlin Sherry
11th Year B.Ed. (Mathematics)

படத்தில் ஒன்பது பென்சில்கள் உள்ளன. இவற்றை
உட்கொண்ட வேறு பென்சில்களை சேர்க்காமல் பத்தாக்க
வேண்டும். எப்படி?

Answer:



நடு வட்டத்திற்குள்
வரவேண்டிய எண் எது?



Answer: 6

S. Ajitha
1st Year B.Ed. (Mathematics)

Mr. P.V. Mahalekshmi,
C/o. Mahalekshmi,
Maha Lakshmi, Mysore,
Karnataka, India,
Karnataka, India.

கல்லூரியின் சிறப்பு

கல்லூரியின் சிறப்பு, திருவள்ளூர்
சென்னை மாநகரம்,
அறிவு புகழும் மாணவர்களை சாரும்

அஞ்சாத ஐவர்

கல்வி உடையவன் பேச்சுக்கு அஞ்சான்
நம்பிக்கை உடையவன் முயற்சிக்கு அஞ்சான்
சிந்தனை உடையவன் செயலாற்ற அஞ்சான்
ஆற்றல் உடையவன் உழைப்பிற்கு அஞ்சான்
அன்பு உடையவன் யாவருக்கும் அஞ்சான்

நகைச்சுவை குவிஸ்

- | | | |
|---------------------|---|----------------------|
| 1. சிவந்தாது நாடு | - | 'சிரி'யா |
| 2. கல்வன் உள்ள யூம் | - | தக்'காளி' |
| 3. கல்வன் உள்ள யூம் | - | மும்'யை' |
| 4. கல்வன் உள்ள யூம் | - | திருச்சிராய்' பள்ளி' |
| 5. கல்வன் உள்ள யூம் | - | ஜ'தராபாத்' |

P.V. Mahalekshmi
B.Ed. 1st Year (Mathematics)

மாயாஜாலா எண்கள்



- I
- $1 \times 8 + 1 = 9$
 - $12 \times 8 + 2 = 98$
 - $123 \times 8 + 3 = 987$
 - $1234 \times 8 + 4 = 9876$
 - $12345 \times 8 + 5 = 98765$
 - $123456 \times 8 + 6 = 987654$
 - $1234567 \times 8 + 7 = 9876543$
 - $12345678 \times 8 + 8 = 98765432$
 - $123456789 \times 8 + 9 = 987654321$

II

- $11 \times 11 = 121$
- $111 \times 111 = 12321$
- $1111 \times 1111 = 1234321$
- $11111 \times 11111 = 123454321$



P.V. Mahalekshmi
B.Ed 1st Year (Mathematics)

உண்மைகள்

1. மனித உடலில் சுமார் ஆறுகோடியே ஐம்பது லட்சம் செல்கள் உள்ளன.
2. பொதுவாக தாவரங்கள் நகராது. ஆனால் கிளாமிடோனாஸ் என்னும் ஒரு செல் தாவரம் நகர்ந்து போகும்.
3. பச்சோந்தியின் நாக்கு தன் உடலின் நீளத்தை விட இரண்டு மடங்கு அதிகமாக இருக்கும்.
4. நாக்கை நீட்ட முடியாத ஒரே விலங்கு - முதலை.
5. நில திமிங்கிலத்தின் எடை இருபத்து இரண்டு லாளைகள் எடைக்கு சமம். அதன் இதயம் ஒரு சிறிய மகிமுத்தின் (இலுழி) எடைக்கு சமம்.
6. ஒரு ஆண்டு ஆணாகவும், ஒரு ஆண்டு பெண்ணாகவும் மாறும் உயிரினம் சுரிதழ் சிட்டு.
7. ஒரு தலைமுறை என்பது முப்பத்து மூன்று ஆண்டுகள்
8. மனித உடலில் மட்டும் 17,000 வகை நுண் கிருமிகள் வாழ்கின்றன.
9. புற்றுநோய் உட்பட எந்த நோயுமே வராத ஒரு உயிரினம் சுரா மீன்
10. நீந்துவதை நிறுத்தினால் உடனே இறந்துவிடும் ஒரே மீன் சுரா மீன்.
11. தயிராக மாற்ற முடியாத ஒரே பால் - ஒட்டகப்பால்
12. ஒட்டகத்தைவிட அதிக நுள் தண்ணீர் இன்றி வாழும் உயிரினம் - கங்காரு, எலி
13. ஒரு புள்ளி அளவு இடத்தை 70,000 அமீபாக்களால் நிரப்ப முடியும்.
14. கருவில் முதல் முறையாக உருவாகும் உறுப்பு இதயம்.
15. மனிதன் இறந்து போனதும் முதலில் செயலிழந்து போகும் உறுப்பு இதயம்.

T.A. Angel Mary
B.Ed. 1st Year (Biological Science)

சிரிக்க சிந்திக்க சில சம்பவங்கள் “சுத்தமான கை”

விண்மீன் சர்ச்சிலும், முன்னாள் இந்திய ஜனாதிபதி டாக்டர். இராஜாகிருஷ்ணனும் ஒரு விருந்திற்குச் சென்றனர். இராஜாகிருஷ்ணன் கையை சுத்தமாக கழுவி விட்டு வந்து சாப்பிட உட்கார்ந்தார். சர்ச்சில் ஸ்டூனை வைத்து சாப்பிடத் தொடங்கினார். இராஜாகிருஷ்ணன் கையினால் சாப்பிடுவதைப் பார்த்த சர்ச்சில் ‘என்ன இது - இப்படி சாப்பிடுகிறீர்கள்? ஸ்டூனால் சாப்பிடுவதுதான் சுகாதாரமானது - கையால் சாப்பிடாதீர்கள்’ என்றார். வேசாக திரித்துக் கொண்டே இராஜாகிருஷ்ணன் சுறினார். ‘கைதான் மிகவும் சுத்தமானது. ஏன் தெரியுமா? இதை வேறு யாரும் உபயோகப்படுத்த முடியாதே..... அதனால்தான்!’ என்றார்.

“கோடாரிக் கம்பு”

ஒரு மனிதன் காட்டுக்குள் சென்று மரங்களைப் பார்த்து ‘மரங்களே! என் கோடாரிக்கு ஒரு கைப்பிடி கொடுங்களேன்’ என்று கேட்டான். மனிதன் மீது இரக்கம் கொண்ட ஒரு மரம், தான் கொடுப்பதாக சொல்லிற்று. அந்த மரத்திலிருந்து ஒரு கைப்பிடியை தன் கோடாரிக்கு போட்டதும் அங்குள்ள மரங்களை வெட்ட ஆரம்பித்தான். வெகு சீக்கிரம் பல மரங்கள் கீழே விழுந்தன.

இதைப் பார்த்த ஒரு மரம், ‘நம்மில் ஒருவன் அந்த மனிதனுக்கு கைப்பிடி கொடுத்திருக்காவிட்டால் இத்தனை மரங்களை அவன் வெட்டியிருக்க முடியுமா?’ என்றது.

R. Anushiya
B.Ed. 1st Year (Mathematics)

“யார் வேலை”

அமெரிக்கக் குடியரசுத் தலைவராயிருந்த ஆப்ரகாம் லிங்கன் ஒரு முறை தன் அறையில் தனது பூட்சுக்கு பால்ஷ் செய்து கொண்டிருந்தார். அவரது அமைச்சர்களுள் ஒருவர் லிங்கன் பால்ஷ் செய்வதைப் பார்த்து அதிர்ச்சி அடைந்தார்.

‘உங்கள் வேலையை விட்டுவிட்டு ஏன் உங்கள் பூட்சுக்கு பால்ஷ் செய்து கொண்டிருக்கிறீர்கள்?’ என்றார்.

ஆப்ரகாம் லிங்கன் சிரித்துக் கொண்டே, ‘அப்படினா மற்றவர் பூட்சுக்கும் பால்ஷ் செய்து கொடுக்கச் சொல்கிறீர்களா?’ என்றார். ‘நம் வேலையை நாம்தான் செய்ய வேண்டும். இதில் வெட்கப்பட வேண்டாம்’ என்ற லிங்கனின் கொள்கையை நாமும் கட்டாயம் பின்பற்ற வேண்டும்.

R. Anushiya
B.Ed. 1st Year (Mathematics)

யண்ணின் சிறப்பு

பெண் அன்பில் ஒரு தாய்
பெண் அழகில் ஒரு தேவதை
பெண் வாதத்தில் ஒரு மந்திரி
பெண் ஆதரவில் ஒரு உறவு
பெண் வெறுப்பில் ஒரு நெருப்பு
பெண் வெற்றிக்கு ஒரு மாலை
பெண் நாட்டில் ஒரு நேர்மை
பெண் கண்டிப்பில் ஒரு ஆசிரியர்

K. Kaliya Perumal
B.Ed. 11nd Year (History)

விவசாயத்தை போற்றும்

பூமியோ மழை வர காத்திருக்கிறது
நாளோ விவசாயம் வளர காத்திருக்கிறேன்
என் தமிழினத் தொழிலோ விவசாயம்
விவசாயம் அழிந்து வருவதை பார்த்ததனால்
என் மனம் வாடுகிறது
வயலில் நெற்பயிரை பார்க்க
என் கண் விழி தேடுகிறது
இப்பாரத பூமியில் நம் உயிர்
எள்ள வரை விவசாயத்தை போற்றுவோம்

K. Kaliya Perumal
B.Ed. 11nd Year (History)

நான் கடந்த கல்லூரி காலம்

அன்று முதல் நாளோ
அனைவருமே சகமாணவர்கள் - ஆனால்
இன்று அனைவரும் நண்பர்கள்
இரண்டு ஆண்டுகள் மட்டுமே
நிழலாகிப் போனது - ஆனால்
நினைவுகளோ இன்றும் நிஜங்களாகவே இருக்கிறது.
கல்லூரி விழாக்கள் - கடைசி இருக்கையில்
கல்லூரி சுற்றுலா
நண்பர்களின் பிறந்தநாள் கொண்டாட்டம்
இவையெல்லாம் கலகலப்பும் நிகழ்ச்சி
கல்லூரியில் கடைசி நாளன்று
கால்கள் மட்டுமே கல்லூரியை விட்டு வெளியில்
முன்னோக்கி நடந்தன!!!

K. Kaliya Perumal
B.Ed. 11nd Year (History)

புதிர்

1 -லிருந்து 9 எண்களை கொண்டு கனக்கை நேர் செய்க?

?	x	?	/	?
x	█	-	█	+
?	+	?	x	?
+	█	-	█	x
?	+	?	x	?

61 9 5

குறிப்பு : ஒரு முறை உபயோகித்த எண்ணை மறுமுறை உபயோகித்தல் கூடாது.

6	x	4	/	2
x	█	-	█	+
9	+	8	x	3
+	█	-	█	x
7	+	15	x	1

R.S. Aswathi Krishna
B.Ed. 1st Year (Mathematics)

MEMORABLE EVENTS



Pre-Ph.D. Viva and Research Colloquium



Career and Counselling Cell



Alumni Meet



TET/NET/SLET Coaching Programme



Alumni Meet



Exhibition

ENTS



EDUCATIONAL TOUR



INAUGURATION OF THE ACADEMIC YEAR



VISIT OF NCTE'S INSPECTION TEAM



P.T.A. ASSOCIATION



STUDENTS ASSOCIATION



GRADUATION DAY

Awareness & Outreach Programmes



Voter Awareness Programme



Legal Awareness Programme



Dengue Fever Awareness Programme



Awareness Programme On Disaster Management

Outreach Programmes



Pamphlet Distribution on Dengue Fever Awareness



Sensitisation Of Villagers on Water Conservation and Prevention of Drought



A Clean Drive Programme



A Visit To Vatstalym

English



To My Dear Friend

You were so near to me
So dear to me...
You walked and played, ate and drank
Sat and Sung together
You spent time with me
But for you I was the world
But I did not realize you that time
After two years
When we met...
You came near to me and kissed me
Your eyes were wet
But I realize you and I am waiting for that days
But it won't come.

A.G.SaiGeetha
IInd year B.Ed (English)



Nature- The Beloved Mother

The wind blows with a mint of freshness
The river breeze with a touch of coldness
The flower blooms with a sense of fragrance
And the birds sing with a fool of joyiness
Nature, the cherishing light
Who shed tears in the form of rain
But feels gay by quenching her Child's thirst
And then stands firm by holding her grief.
Nature, the dazzling hero
Who keeps her child fresh by blowing warm air
But forgives all her child's mistake as a part of game
And shower incomparable love for nothing in return
Nature, the Sacrifying mother
Whose love for child tries to demolish the world
Through the mysterious force of war in pain.

Anjana.S
Ist year B.Ed (English)

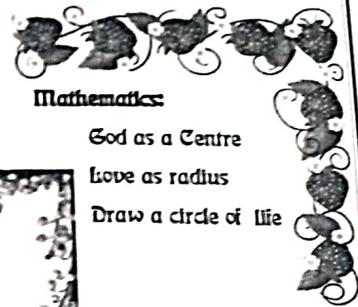


MESSAGE FOR YOUNGSTERS

Pour out your knowledge
The world is ready to catch it up
Spread out your kindness
The world is ready to suck it up
Speak out truthfully
The people were aware of Scandals
Help others whole heartedly
The world will dwell your life
with everlasting dreams
Live peacefully without making any harm
The world will set you as a role model.

S.Anjana
1st year B.Ed (English)

LIFE IN DIFFERENT SUBJECTS



Mathematics

God as a Centre
Love as radius
Draw a circle of life

Physics

Life is nothing
But a Simple Pendulum
Oscillating between joy and sorrows

Chemistry:

Evaporate your Sorrows
Filter your fears
Get crystals of happiness

Computer:

Life is full of errors
Drag the errors
Select the best option
From the drop down list of life
And achieve your goal.

Abisha F.C.
1st year B.Ed (Mathematics)

Letter 'a', 'b', 'c' and 'd'

Letter 'a', 'b', 'c' and 'd' do not appear anywhere in the spelling of 1 to 99

Letter 'd' comes for the first time in Hundred

Letter 'a', 'b', 'c' do not appear anywhere in the spelling of 1 to 999

Letter 'a' comes for the first time in thousand

Letter 'b', 'c' do not appear anywhere in the spelling of 1 to 999,999,999.

Letter 'b' comes for the first time in the Billion

Letter 'c' comes for the first time in Crore.

Abisha.F.C.
1st Year B.Ed, (Mathematics)

MY COLLEGE

Oh! My dear what a college
NVKSD is rising day by day
What a happy life I got
I can't miss anyone here

Oh! My dear what wonderful friends!
With full of joy and full of care
We altogether study, sing and play
I can't forget them anymore.

Oh! My dear what wonderful teachers!
Who were kind, faithful and wise
They were the lights in my life
Who guides me to come up in life

Oh! My dear but its my time
To go away from all those things
Which I couldn't forget in my life
And the moments will be remembered forever.

Oh! My dear now I miss you all
And I feel much sad to leave all from here.

Shilpa.A.B.
IInd Year B.Ed.(English)

TENSION



*Tension, Tension, Tension
Our nearest relation
Children have tension
About their examination
Parents have tension
For their children's admission
Teachers have tension
In completing their portion
Old people have tension
Nature too have tension
When her children cause pollution.*

T.A. Angel Mary
1st Year B.Ed.(Biological Science)

Tongue Twisters

- 1. A problem of solving a problem is not a problem, but
when a problem solves a problem without any problem,
then the problem is not at all a problem.*
- 2. Cheeky Charlie chewed chocolate chips from the artichoke
machine. Whilst chopping cherries cheerfully in church.*
- 3. Moses supposes his toeses are roses,
But Moses supposes errancousrly
For nobody's toeses are roses
As moses supposes his toeses to be.*
- 4. Tree fruit flies flew through three fields
Thirstly for free flower meals.*
- 5. A skunk sat on a stump and thunk the stump stunk,
But the stump thunk the skunk stunk.*

Rajani.T.M
1st Year M.Ed.

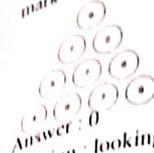
Idioms

1. **A penny for your thought:-** Used as a way that asking someone what they are thinking about.
2. **A hot potato:-** Used to speak of an issue (especially current affairs) which may people are talking about.
3. **Once in blue moon:-** Something happens very rarely.
4. **Hear it on the grapevine:-** To hear a rumour about something or someone.
5. **Costs an arm and a leg:-** Something very expensive
6. **The last straw:-** Final problem in a series of problems
7. **To call the dogs off:-** To stop threatening, chasing
8. **No man is an Island:-** Men can't live completely independently
9. **A dime a dozen:-** Something cheap or easily obtainable, not worth a lot.
10. **Chip on your shoulder:-** Feel angry

Rajani.T.M
1st Year M.Ed.

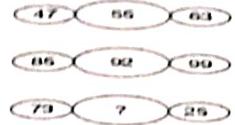
NUMBER PUZZLES

1. What number should replace the question mark?



Answer : 0
Solution : looking at lines of numbers from the top : $9 \times 8 = 72$; $72 \times 8 = 576$; $576 \times 8 = 4608$

2. What number should replace the question mark?



Answer : 49
Solution : $(73+25) \div 2 = 49$

3. Which number comes in the empty square?

0	7	2	4	12	6	3
	7	9	6		18	9

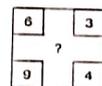
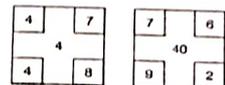
Answer : 16

Solution : Each number in the bottom row is the sum of the number above it and the previous number.

4. What number should replace the question mark?
1, 2, 6, 12, 36, 72, ?

Answer : 216
Solution : $\times 2, \times 3$ repeated.

5. What number should replace the question mark?



Answer : 3
Solution : $(3 \times 9) - (6 \times 4) = 3$

J.B.Reshmi
1st Year M.Ed.



30 HAPPY ANIMAL FACTS THAT WILL MAKE YOU SMILE

1. Sea otters hold hands when they sleep to keep from drifting apart.
2. Squirrels plant thousands of new trees each year simply by forgetting where they put their acorns.
3. When playing with female puppies, male puppies will often let them win, even if they have a physical advantage.
4. Turtles can breathe through their butts.
5. Cows have best friends.
6. Gentoo penguins propose to their lifemates with a pebble.
7. A prison in Washington pairs up "death row" shelter cats with select inmates as part of a rehabilitation program. It seems to be a pretty wonderful thing for both inmates and the cats.
8. Macaques in Japan use coins to buy vending machine snacks.
9. Norway knighted a penguin.

10. In China, killing a panda is punishable by death.
11. Rats laugh when tickled.
12. Spiders can't fly.
13. Sweden has a rabbit show-jumping competition called Kaninhoppning.
14. Pig's orgasms last for 30 minutes.
15. Dolphins have names for each other.
16. Puffins mate for life. They make their harem on cliff sides, and set aside room for their toilet.
17. A study measuring the effects of music found that cows produce more milk when listening to soothing music. They produce the most when listening to R.E.M's "Everybody Hurts".
18. Oysters can change gender depending on which is best for mating.
19. Japanese Macaques make snowballs for fun.
20. The closest relatives to the elephant shrew are actually elephants, not shrews.
21. A cat vision of the corgi exists: the munchkin cat.

22. There is a program that makes prison inmates responsible for training and raising seeing-eye dogs. Many reported that they were making amends for their past actions by working with the puppies.
23. Seahorses mate for life and when they travel they hold each other's tail.
24. Before chicks hatch they can communicate with each other and their mother through a system of sounds.
25. Dog's nose prints are as unique as human fingerprints and can be used to identify them.
26. Turntopsis nutricula Immortal jellyfish is the only species known to live forever.
27. Long-time bird watcher and nature writer Candace Savage has observed that crows are so intelligent they can play pranks on each other.
28. Butterflies taste with their feet.
29. An octopus has three hearts.
30. Catfish use their entire body to taste things.

MahaLakshmi .K.M
1st Year B.Ed(Biological Science)

AMAZING MEDICAL FACTS OF THE BODY

1. A red blood cell lives for 120 days.
2. There are 2.5 million (give or take) of red blood cells in our body at any moment. To maintain this number, about two and a half million new ones need to be produced every second by our bone marrow. That's like a new population of the city of Toronto every second.
3. Considering all the tissue and cells in our body, 25 million new cells are being produced each second. That's a little less than the population of Canada- every second.
4. A red blood cell can circumnavigate our body in under 20 seconds.
5. Nerve impulses travel at over 400 km/hr (249 min/hr).
6. A sneeze generator a wind of 166km/hr (100 min/hr) and a cough moves out at 100km/hr (60 min/hr).
7. Our heart beats around 100.00 times every day about 30 million times in a year.
8. Our blood is on a 60,000- mile journey per day.
9. Our eyes can distinguish up to ten million colour surfaces and take in more information than the longest telescope known to man.

10. Our lungs inhale over two million litres of air every day, without even thinking. Their surface area is large enough to cover one side of a tennis court.
11. We give birth to over 200 billion red cells every day.
12. When we touch something, we send a message to our brain at 124 mph.
13. We exercise at least 36 muscles when we smile
14. We are about 70 percent water
15. We make around 1 to 1.6 litres of saliva a day
16. Our nose is our personal air-conditioning system: it warms cold air, cools hot air and filters impurities.
17. In one square inch of our hand we have nine feet of blood vessels, 600 pain sensors, 9000 nerve endings, 36 heat sensors and 75 pressure sensors
18. We have copper, zinc, cobalt, calcium, manganese, phosphates, nickel and silicon in our body.
19. It is believed that the main purpose of eyebrows is to keep sweat out of the eyes.
20. A person can expect to breathe in about 4 pounds of dust his /her lifetime.

MahaLakshmi.K.M
1st Year B.Ed(Biological Science)



QUIZ IN LITERATURE

1. Who was known as the Prime Minister of Literature?
Dr.Samuel Johnson
2. Name the women writer who got Jnanapet award for the first time?
Ashapura Devi
3. Who is known as the Indian Shakespeare?
Kalidasa
4. The father of English Poetry is
Geoffrey Chaucer
5. The first official poet laureat of England
John Dryden

A.G.SaiGeetha
IInd Year B.Ed (English)

"Quotable
Quotes,"

1. *Impatience can be a virtue, if you practice it on yourself* – Rod Mckuen
2. *Natural abilities are like natural plants, they need Pruning by study* – Francis Bacon
3. *Ideas are nobody's property, they belong to whoever expresses them best* – John Milton
4. *A Cynic is a man who knows the price of everything and the value of nothing* – Oscar Wilde
5. *War is the state man's game, the priests delight the lawyers jest; the hired assassin's trade* – Shelley

A.G.SaiGeetha
IInd Year B.Ed (English)

COMMON MEDICINAL PLANTS

1. Botanical Name : *Catharanthus roseus (Vinca Rosea)*
Common Name : Catharanthus
Family : Apocynaceae
Tamil Name : Sudukadumallikai
NithiyaKalyani
Vernacular Name : Attainaari poo, Shava naari poo,
Medicinal Uses : Leaves and bark are used for diabetes, menorrhagia, hypertension, plant extract reduces tumour growth.
2. Botanical Name : *Allamanda cathartica*
Common Name : Golden trumpet, butter cup flower
Family : Apocynaceae
Tamil Name : Allamanda
Vernacular Name : Kolaambi
Medicinal Uses : It cures liver tumours, Jaundice, Spenonygaly and Malaria
3. Botanical Name : *Coleus amboinicus (or) Plectranthusamboinicus*
Common Name : Indian borage, Indian mint, Mexican mint, Spanish thyme, Mexican oregano, Cuban Oregano
Family : Lamiaceae

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A.G.SaiGeetha
IInd Year B.Ed (English)

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Family : Lamiaceae

Tamil Name : Omavalli, Muttainari, Karpuravalli
Medicinal Uses : It is useful in taking infantile cold, cough and fever, Good for respiratory infections

4. Botanical Name : Casebelaethevetia
Common Name : Yellow oleander, Lucky nut

Family : Apocynaceae
Tamil Name : Manchal Arali
Vernacular Name : PeeliKaner

Medicinal Uses : Antifungal, Antibacterial and Antitermite. It also cures hair fall, headache, Ringworm, Snake bite, Skin diseases, Toothache, Vomiting, Piles, Throat Disorder

5. Botanical Name : Cananga Odorata
Common Name : Cananga tree
Perfume tree

Family : Annonaceae
Tamil Name : Karumugai
Vernacular Name : Kattuchampakam

Medicinal Uses : Used in aromatherapy. It is used to treat malaria, stomach ailments, asthma, gout and rheumatism. The essential oils or ylangylang oil is used in aromatherapy.

6. Common Name : Centella, Asiatic pennywort or Indian pennywort (or) Gotu kola

Family : Apiaceae
Tamil Name : Vallarai
Vernacular Name : Kodangal

Medicinal Uses : It is used to treat cancer, Leucorrhoea, kidney troubles, urethritis and bronchitis

7. Botanical Name : Nerium Odorum
Common Name : Oleander, French willow, rose bay, south-sea-rose, sweet-scented oleander. Pride of Ceylon

Family : Apocynaceae
Tamil Name : Arali poo
Vernacular Name : Kaner

Medicinal Uses : Used to treat cancer, epilepsy, Scabies, Cardiac illness, blood purification etc.

8. Botanical Name : Allium Cepa
Common Name : Onion

Family : Liliaceae
Tamil Name : Venkayam

Vernacular Name : Ulli
Medicinal Uses : Onions as medicine help in treating high cholesterol, diabetes, Joint

disorders, loss of appetite, asthma, cough, sore throat, high blood pressure, intestinal gas and intestinal worms.

9. Botanical Name : Ocimum Sanctum
Common Name : Holy basil, tulsi
Family : Lamiaceae
Tamil Name : Tulasi
Vernacular Name : Krishna tualsi,
Nallatulasi, Vaikuntam
Medicinal Uses : Tulsi is a very potent germicidal, fungicidal, antibacterial and antibiotic, dissolves kidney stones, cure headache, reduce stress

10. Botanical Name : Ricinus Communis
Common Name : Castor bean, Castor oil plant
Family : Euphorbiaceae
Tamil Name : Amanakku
Vernacular Name : Vilakennai, Kottaimuttu
Medicinal Uses : Used to treat epilepsy, flufever, swellings, inflammation, toothache, wounds, nightblindness etc.

MahaLakshmi.K.M
1st Year B.Ed(Biological Science)



"WAY TO SUCCESS"



- Walk humbly*
Talk softly
Eat Sensibly
Breath deeply
Sleep sufficiently
Dress Smartly
Act Fearlessly
Work Patiently
Think Truthfully
Believe correctly
Behave decently
Plan practically
Save regularly
Spend intelligently.

R.Anushiya
I B.Ed(Mathematics)

SUDOKU

3	1	2		9	5		7	6
5		9	1		7		8	2
4		7		6	3	5		
9						2	4	
	2	8		1			9	3
	3		9	8	2		5	7
	4	5	6				3	1
1	7		3	5	8	9		4
8			4	2		7		5

Answer:

3	1	2	8	9	5	4	7	6
5	6	9	1	4	7	3	8	2
4	8	7	2	6	3	5	1	9
9	5	1	7	3	6	2	4	8
7	2	8	5	1	4	6	9	3
6	3	4	9	8	2	1	5	7
2	4	5	6	7	9	8	3	1
1	7	6	3	5	8	9	2	4
8	9	3	4	2	1	7	6	5

R.A. Jini
1st Year B.Ed (Mathematics)

Seminars & Workshops



UGC SPONSORED NATIONAL SEMINAR



WORKSHOP ON CRAFT



അമ്മ

ചെറുവിരൽ തുമ്പിൻപിടിച്ച്
 ചെറുപാവാടയണിഞ്ഞ്
 ചെറുകുടിലിന്നുത്തറത്ത്
 ചെമ്മേ നടക്കാൻ പഠിപ്പിച്ചെന്നമ്മ
 ഒരു കണ്ടം സോപ്പുകൊണ്ട്
 ഒരായിരം തുണിയലക്കാൻ
 ഒരു തുള്ളി എണ്ണകൊണ്ട്
 പലവട്ടം മുടി മിനുക്കാൻ
 പല തവണ പഠിപ്പിച്ചെന്നമ്മ
 ഇപ്പോൾ നിനച്ചെടുത്താൽ
 ഇമ്മാതിരി കഥ ചൊല്ലാൻ
 ഈ ജന്മം മതിവരില്ല
 ഈ അമ്മതൻ മകളായി
 ഇനിയും പിറക്കാൻ
 ഈശ്വരാ! ഇടയാകണേ!

A.G. SAI GEETHA
 B.Ed IInd Year (English)

യുഗപ്രതി ചോദ്യങ്ങൾ

1. എങ്ങനെ എഴുതിയാലും ശരിയാകാത്ത വാക്ക് തെറ്റ്
2. നട്ടാൽ മുളയ്ക്കാത്ത പയർ അമ്പയർ
3. ലോകത്തിലെ ഏറ്റവും വലിയ വാൻ ദഗവാൻ
4. കത്തു തരുന്ന പാൽ തപാൽ
5. ലോകത്തിലെ ഏറ്റവും വലിയ സംഖ്യ ജനസംഖ്യ

A.G. SAI GEETHA
 B.Ed IInd Year (English)

എന്റെ അച്ഛൻ

ദുരിതിലേങ്ങും വെളിച്ചമാകും
 ആകാശത്തെ സൂര്യൻപോൽ
 വീട്ടിലേങ്ങും വെളിച്ചമാകും
 എന്നുടെ സ്വന്തം പൊന്നച്ഛൻ!
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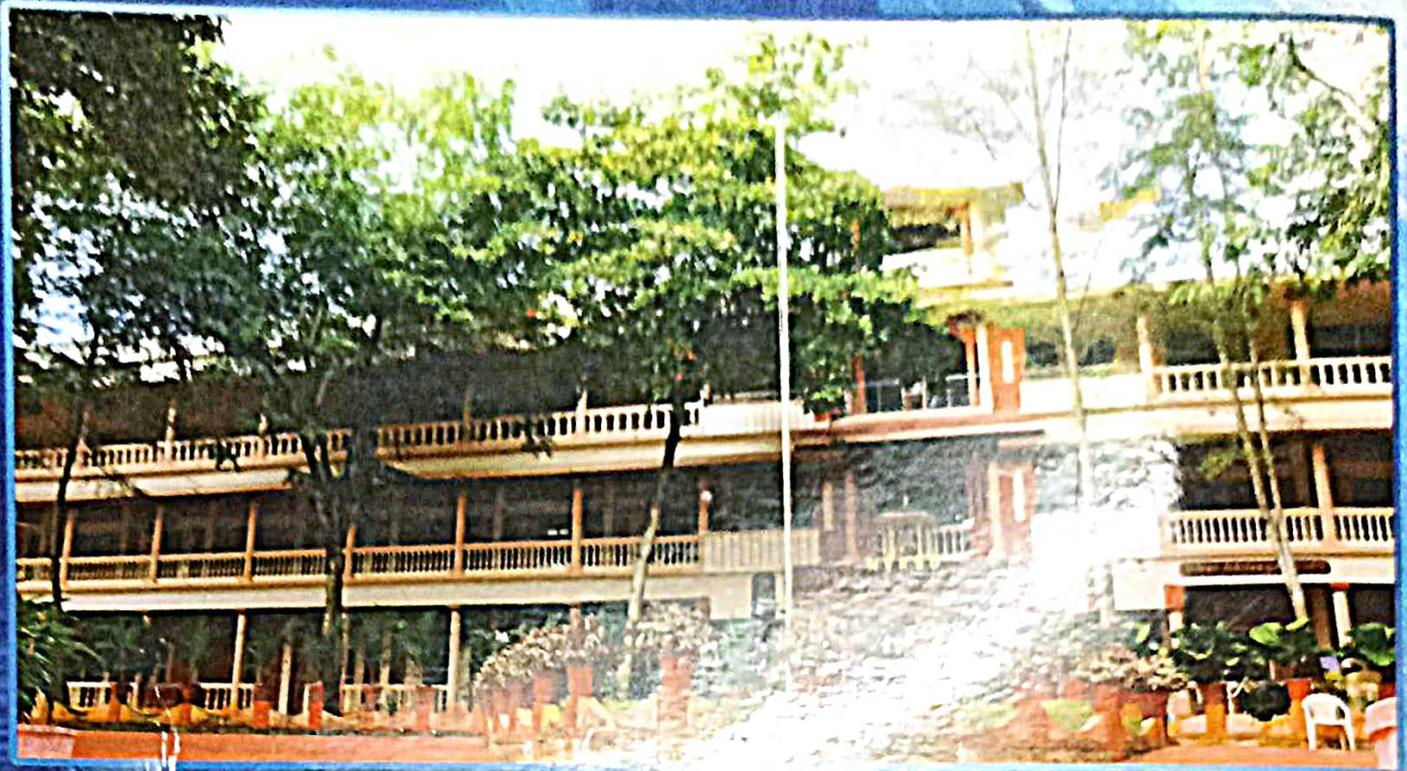


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