Course Code: MED4PC06

Perspective Course

M.Ed. DEGREE PROGRAMME Semester- IV

TRENDS IN EDUCATIONAL MANAGEMENT AND ADMINISTRATION (4 credits-120 hours)

Æ COURSE OBJECTIVES

On successful completion of course the prospective teacher educator will be able to

- 1. Understand the basic concept, functions and types of educational administration and managem4ent
- 2. analyse the current trends in educational administration and management
- 3. understand the theories of organizational management
- 4. analyze the trends and issues related to resource management in educational institutions
- 5. evaluate the governance in different types of educational setups

Unit – I: INTRODUCTION TO EDUCATIONAL ADMINISTRATIONAND MANAGEMENT

Learning Outcome	Content	Suggested Strategiesand Approaches	Assessment
 Identifies the concept of Educational Administration and Management Distinguishes between administration and management Analyses the principles of Educational administration and management Categorizes the administrative and management structure at different levels of Education. Classifies the different types of administration and management 	 1.1Educational Administration and Management: Definition, characteristics and functions. 1.2 Difference between management and administration. 1.3 Basic Principles of Educational Administration and management 1.4 Administration and management structure at different levels of Education: elementary, secondary, secondary andhigher education 1.5 Types of administration and management: Centralized, decentralized, autocratic, democratic and eclectic. 	 Lecture cum discussion Seminar with visual presentation Peer learning Group discussion 	 Tests (Oral / Written) Report of the seminar Assignment Report of the group discussion

Unit - II: CURRENT TRENDS IN EDUCATIONAL ADMINISTRATION AND MANAGEMENT

Learning Outcome	Content	Suggested Strategiesand Approaches	Assessment
 Identifies the currenttrends in educational management Explains the Total Quality Education Examines the modern approaches of management 	 2.1 Current trends in educational management 2.2.Quality management in education. 2.3 Roles and responsibilities of different agencies NUEPA,NCERT,SITE, SIEMAT in Educational Administration and Management 2.4 Total Quality Education(TQE), assessment andaccreditation of highereducation institutions-criteria, techniques and issues. 	 Lecture cum discussion Group discussion Peer learning Small group discussion Seminar (visual presentation) 	 Tests Assignment Report of discussion Written Test Report of seminar

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Learning Outcome	Content	Suggested Strategies and Approaches	Assessment
8	3.1 Fayol's principles of management: Administrative theory 3.2 Gullick and Urwick- Competency concept of Graft- Theory "X" and Theory "Y" of Douglas McGregar 3.3 Theory of Management by Objectives by Peter Druck	8	 Assessment Tests Assignment Report of discussion
	3.4 Weber's bureaucratic approach, Taylor's principles of scientific management.		

Unit-III: THEORIES OF ORGANIZATIONAL MANAGEMENT

Learning Outcome	Content	Suggested Strategies and Approaches	Assessment
 Identifies the differenttypes of relationship Explains the role of PTA Examines the managementof Infrastructure Evaluates the Management Information System in Education. Analyses Fiscal Management 	 4.1 Management of Human Resource: Inter- Personal, Teacher- Taught Relationship , Teacher- Teacher Relationship, Head- Teachers relationship, Teacher – Parent relationship, Teacher-Community relationship 4.2 Classroom management, monitoring, evaluation and remedial measures 4.3 Management of infrastructure, school campus and building, furniture, library, laboratory, hostel & play ground 4.4 Office management and importance of management information system in education. 4.5 Fiscal management: developing and monitoring budgets at school level 		 Class test Assignment Test Assignment

Unit – IV: HUMAN RESOURCE MANAGEMENT IN EDUCATIONAL INSTITUTION

Learning	Content	Suggested	Assessment
Outcome		Strategiesand	
		Approaches	
1. Identifies concept	5.1 Governance:	 Lecture cum 	Report of
ofgovernance	5.1.1.Meaning and	discussion	 discussion
2. Analyse the –	rationale for	 Peer learning 	• Assignment
criteria for	good governance	 Seminar 	• Questioning
assessing	5.2.Criteria for assessing	(visual	• Written test
effectivenessof	effectiveness of	presentation)	Report of
governance	governance.	 Small group 	the
3. Explains role of	5.3 Role of leadership	discussion	seminar
leadership in	in good governance		Report of
good governance	5.4.Governance in		discussion
4. Identifies	different types of		
governance	educational setups.		
indifferent types	5.4.1 Participatory		
of educational	school		
setups	governance		

Unit - V: GOVERNANCE IN EDUCATION

SUGGESTED ACTIVITIES (Any two)

- 1. Compare the decision making processes in centralized and decentralized administration, and prepare a report on it.
- 2. Prepare a study report on the role of SDMC/SMC/PTA in improving quality of school governance.
- 3. Prepare a report on Latest research on Educational Administration and Management.
- 4. Write a consolidated report of different theories of educational administration and their contributions.

PRESCRIBED READINGS

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N.V.K.S.D. College of Education, Attoor.

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USUGGESTED READINGS

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- 15. Taylor, F.W. 1947. *Principles of Scientific Management*. New York, NY: Harper.
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Course Code: MED4TC04

Tool Course

M.ED. DEGREE PROGRAMME SEMESTER-IV

APPROACHES AND PRACTICES OF COUNSELLING PSYCHOLOGY (4 credits – 120 hours)

∞ COURSE OBJECTIVES

On the successful completion of the course, the prospective teacher will be able to:

- 1. comprehend the nature and scope of Guidance and Counselling
- 2. analyze the Approaches and Theories of Counselling Psychology
- 3. implement Counselling at different levels gain insight on Counselling Therapies
- 4. build awareness on Self-Science Education

Unit- I:NATURE AND SCOPE OF GUIDANCE AND COUNSELLING

Learning Outcome	Content	Strategies and Approaches	Assessment
 Acquaints with the concept of guidance Familiarises with the concept of counselling 	 1.1 Guidance – Definition, Concept, Nature, Principles and Need, Types – educational, vocational, personal, health and social - Group and Individual guidance – Guidance personnel 1.2. Counselling – Definition, Concept, Nature, Principles and Need, Types – Directive, Non- directive and Eclectic 	 Group discussion Assignment Lecture / briefing Seminar and discussion Digital presentation 	 Oral questions Assignment evaluation Test (written/oral)

Learning Outcome	Content	Strategies and Approaches	Assessment
 Comprehends the meaning and nature of counselling psychology Analyses the approaches of counselling psychology Classifies the theories of counselling psychology Examines the tools and techniques of counselling 	 2.1 Counselling Psychology Meaning, Concept and nature 2.2 Approaches to counselling psychology Cognitive- Behavioural (Albert Ellis – REBT) & Humanistic, 2.3 Theories of Counselling Psychology – Behaviouristic, Rational, Emotive and Reality 2.4 Tools and Techniques of Counselling 	 Lecture / briefing QA session Assignment Seminar Peer learning Group discussion Digital presentation 	 Test (written/oral) Assignment evaluation

Unit -II: APPROACHES AND THEORIES OF COUNSELLING PSYCHOLOGY

Unit-III: COUNSELLING AT DIFFERENT LEVELS

Learning Outcome	Content	Strategies and Approaches	Assessment
 Explores the strategies for counselling special groups Identifies the ways of addressing problems of people at different stages of life Familiarises the means of counselling for different dimensions of development 	 3.1 Counselling for special groups - Socially and Economically Disadvantaged, Destitutes and Orphans, Delinquents, Drop-outs, Aids Patients, Drug Addicts and Alcoholics 3.2 Addressing the Problems of Childhood, Adolescence, Adulthood and the Aged 3.3 Counselling for Different Dimensions of Development - Physical, Cognitive, Emotional, Social and Moral. 	 Lecture / briefing Digital presentation group discussion Extension and field outreach Assignment Case study Seminar Peer learning 	 Class test Assignment evaluation Observation of classes Field level observation and reporting

Learning			Strategies and	
Outcome		Content	Approaches	Assessment
1. Examines th various counselling therapies	4.2 4.3 4.4 4.5 4.6 4.7 4.8 4.9	Cognitive analytical therapy. Cognitive behavioural therapy (CBT) Cognitive therapy. Family therapy. Gestalt Therapy. Hypnotherapy. Integrative approaches	 Lecture / briefing Digital presentation group discussion Assignment Seminar Peer learning 	 Class test Assignment evaluation Observation of classes

Unit-IV:COUNSELLING THERAPIES

Unit-V:SELF MANAGEMENT EDUCATION

Learning Outcome	Content	Strategies and Approaches	Assessment
1. Comprehends the different techniques of self- management	 5.1 Stress and Conflict Management 5.2 Interpersonal Relationships 5.3 Family communications 5.4 Problem solving 5.5 Decision making 	 Lecture / briefing Digital presentation group discussion Assignment Seminar Peer learning 	 Class test Assignment evaluation Observatio n of classes

SUGGESTED ACTIVITIES (Any Two)

- 1. Prepare a report on adolescent problems and their issues in the school
- 2. Case study of a student belonging to special group.
- 3. Prepare a report on different self-management techniques
- 4. Analyse the different counselling therapies and prepare a report

PRESCRIBED READINGS

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- 2. Charles, Kiruba. &Jyotsna, N.G. (2012). *Guidance and Counselling. New* Delhi: Kanishka Publishers.
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- 6. MHRD, NACO and UNICEF (2005). Growing up in a World with HIV/AIDS, FAQ Booklets for students, Adolescence Education Programme,
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- 9. Rao, Narayana S. (2008). *Counselling and Guidance. New* Delhi: Tata McGraw Hill Publishing Company Limited.
- 10. Shrivastava, K. K. (20). Fundamentals of Guidance and Counselling. Meerut: R. Lall Book

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- 1. CBSE (1999). Population and Adolescent Education–A Training Package, NewDelhi
- 2. MHRD (2004) Life Skills Modules, Adolescence Education Programme, MHRD< NACO & UNICEF, Delhi.
- 3. NCERT,(2005); Adolescence Education in Schools- Life skills Development General Framework; Deptt. Of Education in Social Science and Humanities, New Delhi, India.
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Course Code: MED4EC01

Elective Course

M.Ed. DEGREE PROGRAMME Semester- IV ECONOMICS OF EDUCATION

(4 Credits - 120 Hours)

∞ COURSE OBJECTIVES:

On successful completion of the course, the prospective teacher educator will be able to:

- 1. understand the economic concepts and principles related to education.
- 2. analyse the role of education as an investment in economic development.
- 3. develops understanding about cost-benefit analysis in education .
- 4. analyse educational and man power planning.
- 5. understand financial resources for strengthening education.

Unit-I: INTRODUCTION TO ECONOMICS OF EDUCATION

Learning Outcome	Content	Suggested Strategiesand Approaches	Assessment
 Familiarizes the conceptand significance of Economics of Education Acquaints with the contributions of great thinkersfor the development of Economics of Education 	 1.1 Concept, scope and significance of Economics of Education 1.2 Contributions of AdamSmith, KarlMarks andGandhiji for theDevelopment ofEconomics of Education 1.3 Demand and Supply inEducation-Scientific planning and programming. 	 Lecture Discussion Seminars Assignments QA Session 	 Assignment evaluation Test (Oral/ Written)

Learning Outcome	Content	Suggested Strategiesand Approaches	Assessment
 Acquaints with growthparamete rs of Education Identifies the Forms ofCapitals. Internalises the role ofteacher as a social Entrepreneur 	 2.1 Education for sustainableSocio Economic Development 2.2 Education as an Investment for individual and socialdevelopment- Educationas a service. Consequences of privatizationof education 2.3 The concept ofHuman Capital Formation- Forms of Capital – a) Physical Capital b) Human Capital c)Fiscal Capital – Factors of production, Role of Human Capital production activities 2.4 The economic value of Education-5Es of Economics of Education-Ecology, Environment,Energy, Education and Engineering. 2.5 Human Resource Development index 2.6 Teacher as a social entrepreneur- teacher potentialities for social entrepreneurship 	 Lecture Group discussion and presentation Seminar Assignment Peer learning 	 Evaluation of reports Assignment evaluation Test (Oral/ written)

Unit-II: EDUCATION AND ECONOMIC DEVELOPMENT

Learning Outcome	Content	Suggested strategiesand Approaches	Assessment
 Identifies the factors determining different costs of Education. Estimates unit cost of Education: at differentlevels. Analyses the problems inthe measurement of cost and benefits Examine the cost - benefit and cost - effectiveness analysis 	 3.1 Concept of costs of Education –Factors determining different Costs of Education. 3.2 Types of Educational costs - direct cost, indirect cost, private cost, social cost and opportunity cost. 3.3 Unit cost of Education: its estimation at different levels - primary, secondary, higher secondary, higher secondary, higher education 3.4. Benefits of Education- direct and indirect benefits 3.5. Measurement of Benefits in Education 3.6. Problems in the measurement of cost and benefits in Education as consumption and investment 3.7. Cost- benefit and cost effectiveness analysis in education 	 Lecture Group discussion and presentation Seminars Assignments Interaction with Community Survey and documentation Peer learning 	 Assignment Evaluation Test (Oral/ Written) Evaluation of records Document verification

Unit –III: COST BENEFIT ANALYSIS OF EDUCATION

Learning Outcome	Content	Suggested Strategiesand Approaches	Assessment		
 Familarises the concept of educational planning Internalises manpower forecasting Analyses the effects ofeducated unemployment 	 4.1 Concept of Educational Planning- Principles and approaches of educational planning, 4.1.1.Problems of educational planning in India 4.2 Institutional Planning and Budgeting. 4.3 Concept of Manpower Planning - Approaches to man power planning. Manpower Planning inIndia. Manpower Forecasting 4.5 Education and Unemployment- Effectsof Educated Unemployment on economy 	 Lecture Group discussion and presentation Seminars Assignments 	 Assignment evaluation Test (Oral/Written) 		

Unit-IV: EDUCATIONAL AND MAN POWER PLANNING

Unit-V: FINANCING OF EDUCATION

Learning Outcome	Content	Suggested Strategiesand Approaches	Assessment
 Familiarizes the conceptof Educational Finance Analyses the policy Issues in Financing Education 	 5.1. Financing of Education: - Principles of financing education:Equity, Efficiency,Adequacy 5.2. Importance of publicexpenditure on education: its impact on development - Determinants of expenditure on education- Public, Household . 5.3.Role of centre, State and Local self Government in Educational finance 5.4.Policy Issues in Financing education: Public expenditure on education in India- Center-state relationsin financing education: Planning Commission, Finance commission- UGC- NeetiAyog 		 Assignment evaluation Test (Oral/Written)

SUGGESTED ACTIVITIES(Any Two)

- 1. Identify a school in your locality and study the influence of SSA with focus on economic support.
- 2. Identify 5 students (10th standard) of your locality and prepare a report on financial expenditure during the academic year.
- 3. Prepare and compare socio-economic profile of student enrolment in a government and a private secondary school in the same area (rural/urban).
- 4. Conduct a survey to identify the rate of recruitment of B.Ed. degree holders of past five years in your institution.

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USUGGESTED READINGS:

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Course Code: MED4EC02

Elective Course

M.Ed. DEGREE PROGRAMME Semester- IV

INCLUSIVE EDUCATION: PRACTICES AND ISSUES

(4 credits -120 hours)

⊯ COURSE OBJECTIVES:

On successful completion of the course, the prospective teacher educators will be able to :

- 1. acquaint with the policy perspectives in inclusive education
- 2. develop understanding about the inclusive practices in schools and conditions to ensure access in schools
- 3. appreciate various practices to promote inclusion in the classroom
- 4. apply the concept of adaptations and accommodations for the differently abled.
- 5. develop positive attitude towards collaborations and trends related to inclusion

Learning	Content	Suggested	Assessment
Outcome		Strategiesand	
		Approaches	
1. Identifies the	1.1 Historical and	• Lecture -	• Test (oral)
historicaland	contemporary perspectives	Discussion	 Assignment
contemporary	to disability and inclusion	• ICT enabled	• Test (written)
perspectives on	1.2 Policy perspective: United	lecture	
inclusion	Nations Convention of	• Document	
2. Examines the	Rights of Persons	analysis	
policy	withDisabilities	Small group	
perspectives	(UNCRPD,2006)	discussion	
related to	1.3The Rehabilitation Council	• Auto	
inclusive	of India (RCI Act,1992),	instruction	
education	Persons with Disabilities	QA session	
3. Outlines the	(PWD Act,1995), National		
role of National	Trust Act (1999), National		
Institutes for the	Policy for Persons		
differently	withDisabilities (2006),		
abled.	Inclusive Education for		
	Disabled at secondary stage		
	(IEDSS, 2013)		
	1.4 Role of national institutes for		
	the differently abled		

Unit- I: PERSPECTIVES IN INCLUSIVE EDUCATION

Unit-II: INCLUSIVE PRACTICES IN SCHOOLS

	Learning Outcome	Content		Suggested Strategiesand Approaches		Assessment
1.	Recognises the	2.1 Ideology, infrastructure,	•	Digital	•	Test(written)
	practices to	achieving gender		resource	•	Blog posts
	promote	equality,curriculum		enabled	•	Test (oral)
	inclusion in	inputs, textbooks, student		discussion	•	Assignment
	schools.	and teacher	•	Peer learning	•	Presentation
2.	Explains the	interactions	•	Blog search		
	conditions to	2.2 Ensuring Physical,	•	Video		
	ensure access	Academicand Social		analysis		
3.	Examines the	Access	•	Invited talk		
	assistive	2.3.AssistiveTechnology	•	Seminar		
	technology to	tocater to different				
	cater to different	disabilities				
	disabilities	2.4 Whole School Development				
4.	Outlines the	2.5 Role and functions of				
	concept of whole	Special Education Teacher,				
	school	Audiologist cum Speech				
	development for	Therapist, Physiotherapist,				
	inclusion	Occupational Therapist,				
5.	Appreciates the	Counsellor				
	role and functions	2.6 Identifying barriers				
	of personnel	toInclusion- Attitudinal,				
	associated to	Systemic and Structural				
	special					
	education					
6.	Discusses the					
	barriers to					
	Inclusion					

Suggested			
Learning Outcome	Content	Strategies and Approach	Assessment
 1.Identifies the strategiesfor building inclusive classroom environment 2.Analyses the Pedagogical strategies for inclusive classes 3.Outlines the implications of CCE to facilitate inclusion 	 3.1 Strategies for differentiating content, curricular adaptations, lesson planning, classroom management Behaviour 3.2 Pedagogical strategies: Co-operative learning strategies in the classroom, Peer tutoring, Social Learning, Buddy system, Reflective teaching, Multisensory teaching 3.3. Continuous and Comprehensive Evaluation (CCE) and its implications tofacilitate inclusion 	 Lecture- discussion Small group Discussion Auto- instruction Peer learning Meaningful verbal expression 	 Test(written) Presentation Written test Assignment

Unit-III: CLASSROOM ENVIRONMENT FOR INCLUSION

Unit-IV: ADAPTATIONS AND ACCOMMODATIONS FOR DIVERSELEARNERS

Learning Outcome	Content	Suggested Strategies and Approach	Assessment
 Recognises the educational needs of the differently abled Appraises the universal design of learning Examines the adaptations and accommodations for children withdiverse learning needs 	 4.1 Identification of the educational needs of the differently abled 4.2 Adaptations and accommodations for sensoryimpairments 4.3 Adaptations and accommodations for children withmultiple disabilities 4.4 Adaptations and accommodations for children with neuro-developmental disabilities, intellectual impairments and gifted children. 	 Peer learning ICT enabled discussion Blog searching Invited talk Video analysis Seminar Reflective practices 	 Test(written) Blog posts Written test Presentation Assignment

INCLUSIVE EDUCATION				
Learning Outcome	Content	Suggested Strategiesand Approaches	Assessment	
 Identifies the models of collaboration in inclusive education Analyses the working inteams to promoteinclusion. Examines the current issues in education for the differently abledchildren Appraises the trends ininclusive education 	 5.1Models of collaboration ininclusive education 5.2Working with Parents 5.3Managing Conflict 5.4Co-teaching 5.5Mentoring and Coaching 5.6Current issues in educationfor the differently abled children. 5.7Research evidence on efficacy and best practicesassociated with current issues in education for thedifferently abled children 	 Lecture Assignment Blog search Peer learning Auto instruction Journal articles 	 Assignment Presentation Blog posts QA session Class test Report 	

Unit-V: COLLABORATIVE PROGRAMMES AND RESEARCHES IN INCLUSIVE EDUCATION

SUGGESTED ACTIVITIES (Any Two)

- 1. Interact with 10 regular teachers and ascertain the current challenges in promoting inclusive education. Make a report.
- 2. Visit a resource room of SSA / Rehabilitation centres. Prepare a report.
- 3. Conduct a debate on the need for an inclusive teaching learning environment.
- 4. Develop a differentiated lesson with content, process, and products adapted to suit a specific learner.
- 5. Discuss the role of technology for the differently abled children.

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- 2. Bharat,Singh. (2008). *Modern teaching of exceptional children*. New Delhi: Anmol Publications.

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- 11. Dharma Raja, B. William., & Kumar, Praveen S. (2011). *Special education: Focus on mathematics learning disability. New Delhi*: APH Publishing Corporation.
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- 13. Mani, M. N. G. (2000). *Inclusive education in Indian context. Coimbatore*: International Human Resource Development Centre for the Disabled, Sri Ramakrishna Mission Vidyalaya.

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Course Code: MED4EC03

Elective Course

M. Ed. DEGREE PROGRAMME Semester- IV LIFELONG LEARNING (4 and dite 120 hours)

(4 credits - 120 hours)

∠ COURSE OBJECTIVES:

On successful completion of the course, the prospective teacher educator will be able to:

- 1. Acquire knowledge about the philosophical and sociological basis of lifelong education.
- 2. understands the concept of lifelong learning.
- 3. analyse the role and functions of various agencies of lifelong learning .
- 4. understand the concept of Andragogy and Psychology of adult learners.
- 5. apply the emerging trends of lifelong learning in adult learning

Unit- I: PHILOSOPHICAL AND SOCIOLOGICAL BASIS OF LIFELONG

LEARNING

Learning Outcome	Content	Suggested Strategiesand Approaches	Assessment
 Identifies the philosophicaland sociological basis oflifelong learning Explains the concept andscope of lifelong learning 	 1.1 Philosophical and sociological basis of lifelong learning 1.1.1 Need and relevance in contemporary world 1.2 Concept and Scope of lifelong learning 1.2.1 Functional Literacy 1.2.2 Awareness/ Conscentization 1.2.3 Continuing education 1.2.4 Empowerment of down trodden 1.3 Adult and continuing Education 1.3.1 Evolution of concept 1.3.2 Aim 1.3.3 Need and relevance in the contem- porary world and practice. 	 Discussion Peer learning Lecture 	 Test (oral/written) Assignment Seminar presentation

Learning Outcome	Content	Suggested Strategies and Approach	Assessment
1. Identifies different	2.1 Social Learning	• Lecture	• Assignment
formsof lifelong learning	2.2. Action Learning 2.3. Cognitive Learning	• Discussion	• Test (oral/
2. Compare the	2.4. Experiential Learning		written)
lifelonglearning in	2.5. Formal, Non formal		
USA, UK,	education and		
Tanzania and	Informal education		
China	2.6 Adult and lifelong		
3. Discuss the role	learning in USA, UK,		
and responsibilities	Tanzania and China		
of UNESCO	2.7. Role and		
Institute of Learning	responsibilities of		
	UNESCO Institute of		
	Learning		

Unit- II: FORMS AND TRENDS OF LIFELONG LEARNING

Learning Outcome	Content	Suggested Strategies and Approach	Assessment
 Recognizes the efforts forachieving total literacy. Lists out the centre and state level organization. Identifies the role of UGC and universities in lifelong learning 	 3.1 Total Literacy Campaign(TLC) and achievement in literacy and continuing education. 3.2 National Literacy Mission (NLM), SaksharBharath Mission Centre and State Level Organizations of adult and continuing education programmes 3.3 Role of higher education agencies in adult, continuing and lifelong education 3.3.1 Departments/ Centre for adult and continuing education, extension education and field outreach programmes 	 Discussion Peer learning Seminar Lecture 	 Assignment Test (oral/written) Seminar presentation

Unit- III: SUPPORT SYSTEMS FOR LIFELONG LEARNING

Learning Outcome	Content	Suggested Strategiesand Approaches	Assessment
 Recognizes about andragogy Discuss the implication of andragogy for life long learning 	 4.1 Andragogy, Meaning and Concept 4.1.1 Implication for lifelong learning. 4.2 Psychology of adult learners 4.2.1 Principles of adult learning and curriculum development for adults. 4.2.2 Teaching methods andmaterials for adult/lifelong learners, Print and Electronic media 4.2.3 Lifelong learning needs of industries 	 Lecture Discussion 	 Test (oral/written) Assignment

Unit- IV: ANDRAGOGY AND PSYCHOLOGY OF ADULT LEARNERS

Learning Outcome	Content	Suggested Strategiesand Approaches	Assessment
 Examine the strategies for bringing extension in higher education Illustrate the models for extension work Analyze the impact of globalization and liberalization on lifelong learning 	 5.1 Strategies for bringing extension, as the third dimension offing higher education system. 5.2Models for extension work – monitoring, evaluation and the award ofan academic credit forthe extension work inthe postgraduate departments and in the colleges 5.3 Design, type, methods and implementation of extension projects 5.4 Impact of globalization and liberalization on lifelong learning, characteristics/indicator of LLL 5.5 Open Learning / Prior Learning & MOOC, Hamburg declaration. 	 Discussion Seminar Lecture Debate Peer learning 	 Test (oral/written) Assignment Seminar presentation

Unit – V: EMERGING TRENDS IN LIFE LONG LEARNING

SUGGESTED ACTIVITIES (Any two)

- 1. Develop a questionnaire and conduct an educational survey in your locality. Analyse and interpret the data and prepare the report.
- 2. Visit an adult education agency and prepare a report of its functioning.
- 3. Visit a tribal/slum area and prepare a report of the socio economic conditions.
- 4. Conduct a programme in a village for motivation of adults.

PRESCRIBED READING

- 1 Alford, Harold J. (1968): Continuing education in action : residential centres for lifelong learning. New York : Wiley.
- 2 Belanger. P. & Gelpi, E. (1995). Lifelong Education, London: Kluwer AcademicPublishers.
- 3 International Journal of Adult and Lifelong Education, Vol. No.1, (2003), UNESCO & UNDP Documents and Publications.
- 4 Jarvis, Peter, (1990): International dictionary of adult and continuing education, Lon don, Routledge.

- 5 Pillai, K. S. (1997). Education for all and forever. AmbalaCantt: The Associated Publishers
- 6 Venkataiah, S. (2000). Lifelong and continuing education. New Delhi: Anmol Publications Pvt. Ltd.

USUGGESTED READING

- 1 Jethither, Bhart,(1996) : Adult Education & Extension. New Delhi: APH Publishers.
- 2 Pillai, K. S. (1997). Education for all and forever. AmbalaCantt: The Associated Publishers.
- 3 Rahi, A.L, (1996): Adult Education Policies and Programmes, AmbalaCantt. Associated Pubs.
- 4 Rao, V. J. (2000). Problems of continuing education.New Delhi: Discovery Publishing House.
- 5 Roy, Nikhil Ranjan, (1967): Adult Education in India and abroad. Delhi: Chand, Publishers.
- 6 Singh, U.K. &Sudarshan, K.N. (1996): Non-Formal and Continuing Education, New Delhi: Discovery Publishing House
- 7 UGC Guidelines of Lifelong Learning and Extension (2007-2012), University Grants Commission: New Delhi.
- 8 Yadav, Rajender Singh, (1991): Adult Education Training and Productivity, AmbalaCantt. Indian Publications.

Course Code: MED4EC04

Elective Course

M.Ed. DEGREE PROGRAMME Semester- IV LIFE SKILLS EDUCATION: ISSUES AND PRACTICES (4 credits-120 hours)

COURSE OBJECTIVES

On successful completion of the course the prospective teacher educator will be able to:

- 1. understand the basic concepts of life skills
- 2. develop social and negotiation skills
- 3. develop thinking and life coping skills
- 4. develop self enhancement skill
- 5. recognize the role of life skills education for physical and mental health

Learning Outcome	Content	Suggested Strategiesand Approaches	Assessment
1. Comprehends the basic concepts of life skills education	 1.1 Life Skills Education:Definition, concept, need, categories approachesand methods of teaching/learning life skillseducation 1.2 Life Skills Education: Generic, problems specific and area specific skills,10 core life skills 1.3 Role of teachers in life skill education 	 Lecture – Discussion Group Discussion Peer Learning Multimedia Approach 	 Tests (oral / written) Seminar Presentation Report

Unit-I: INTRODUCTION TO LIFE SKILLS EDUCATION

Learning Outcome	Content	Suggested Strategies and Approach	Assessment
1.Develops social	2.1 Self-Awareness: Definition,	• Lecture -	• Tests (oral /
andnegotiation	Importance, dimensions,	Discussion	written)
skills	Strategies to enhance	• Group	• Seminar
	self- awareness	Discussion	presentation
	2.2 Empathy: Definition,	• Peer Learning	• Report
	Concept, components,	• Multimedia	
	Significance, methods	approach	
	todevelop empathy		
	2.3 Negotiation Skills-		
	importance, ways of		
	development		
	2.4 Effective Communication:		
	Definition, concept,		
	functions, communication		
	cycle, communication		
	styles, barriers, means of		
	improvement		
	2.5 Interpersonal		
	Relationship:		
	Definition, need		
	factors affecting		
	relationship, strategies to		
	enhance inter personal		
	skills		

Unit-II: SOCIAL AND NEGOTIATION SKILLS FOR TEACHERS

Unit-III: THINKING AND COPING SKILLS

Learning Outcome	Content	Suggested Strategies and Approach	Assessment
1.Realizes the significance of developing thinking and life coping skills	Thinking Skills: 3.1 Creative thinking: Meaning, characteristics of a creativeperson, stages, attitudeblocking creativity 3.2 Critical Thinking: Meaning, steps and ways to develop critical thinking 3.3 Problem Solving: Definition, Steps in Problem Solving and obstacles 3.4 Decision Making: Definition, types, steps and models of Decision Making Coping Skills: 3.5 Coping with Emotions: Importance,positive emotions and avoidable emotions and coping strategies 3.6 Coping with Stress: importance,stress signalsand Coping Strategies	 Active learning strategies Brain storming Group discussions Digital Presentation Lecture – Discussion Group Discussion Peer Learning 	 Brain storming Observation QA Session

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Learning Outcome	Content	Suggested Strategies and Approach	Assessment
1. Develops	4.1 Goal Setting:	• Group	Class test
personal	concept,types and	Discussion	(oral /
enrichment	significance	• Presentation	written)
skills	4.2 Time Management:	of Samples	
	meaning,concept,	• Brain	
	technique and	storming	
	importance		
	4.3 Effective learning/		
	StudySkills, Memory		
	Techniques		
	and Preparation for		
	Examinations		

Unit-IV: LIFE SKILLS FOR PERSONAL EFFECTIVENESS

Uint-V: LIFE SKILLS FOR PHYSICAL AND MENTAL HEALTH

Learning Outcome	Content	Suggested Strategies and Approaches	Assessment
 Identifies the role of life skills education for personal and physical enhancement 	 5.1 Nutrition and Health Balanced Diet , Eating Behavioural Disorder-types, causes, consequences and remedial measures 5.2 Hygiene - Personal Hygiene-Sleep Hygiene 5.3 Life Style Enhancement- Recreation, Exercise, Yoga and Meditation -Prevention of Diseases -Stress Management 	 Group Discussion Presentation of Samples Brain storming 	• Class test (oral / written)

SUGGESTED ACTIVITIES (Any Two)

- 1. Conduct class room programmes to handle Psycho-Social Issues.
- 2. Conduct a seminar on "Life Skills for Women Empowerment."
- 3. Identify types of Conflict your Family and suggest measures to resolving them.
- 4. Discuss ways to nurture Healthy Relationships and prepare a report.

PRESCRIBED READINGS

- 1. Bhagyashree, ArvindDudhade. (2016). *Life skills education*. Neelkamal Publications Pvt Ltd. New Delhi.
- 2. Joseph,K.S(2008). Equip yourself with life skills.
- 3. Muley.D.S (2009). A Book Of Healthy Life Style and Life Skills.
- Prakash B. (Ed). (2003). Adolescence and life skills Common Wealth Youth Program, Asian Center, Common wealth Secretariat. New Delhi: Tata McGraw Hill.
- 5. Facilitators Manual on Enhancing Life Skills (2008), RGNIYD, Tamil Nadu.
- 6. Sandhan, Society for Education & Development (2005). *Life Skills Education, Training Module*, Jaipur.
- YUVA School Life Skills Programme: Handbook for Teachers, Vol. I IV, (2008). Department of Education and State Council of Educational Research and Training, Delhi.

SUGGESTED READINGS

- 1. Gerald R. Adams, (1996). *Psychosocial Development during Adolescence*, New Delhi.
- 2. Kochhar S.K., (2006). *Educational and Vocational Guidance in Secondary Schools*, Sterling Publishers Private Limited.
- 3. Nair.M.K.C. (2002). *Adolescent and Family Life Education*, Prism Books Pvt. Ltd.
- 4. Baron, Byrne, (2006). Social Psychology, (11thEd), PHI Publishers, New Delhi.
- Dahama O.P., Bhatnagar O.P, (2005). Education and Communication for Development, (2nd Ed.), Oxford& IBH Publishing Co. Pvt. Ltd. New Delhi.
- 6. Taylor. E. Shelly. et al. (2006). *Social Psychology*, (12th Ed), Sheel Print N Pack, NewDelhi.